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**From:** Byrne, Eric (DPH)  
**Sent:** Wednesday, February 15, 2006 4:23 PM  
**To:** Brown, Marilyn (DPH); DPH-DL - BRHO-All-Staff; DPH-DL - CRHO-All-Staff; DPH-DL - MWRHO-All-Staff; DPH-DL - NERHO-All-Staff; DPH-DL - WRHO-All-Staff; Hanchett, James (DPH); Merriam, Carolyn (DPH); Popstefanija, Marija (DPH); Stevenson, Allan (DPH); Taugher, Helen (DPH)  
**Cc:** Thibault, Mark (DPH)  
**Subject:** Restarting Your Computer

Hello,

In September we initiated the practice of leaving computers on, but logged off at the end of each work day. This practice allows us to automatically keep antivirus definitions, Windows security updates and other important files up to date, enhancing protection of your machine and data; and reducing the number of interruptions to your work from frantic computer technicians.

So far this practice has been enormously successful. There have, however, been a few problems related to leaving the machines on which you may have experienced. Computer workstations that are used and left on continuously day after day will sometimes begin to act in strange and unexpected ways: very slow performance, difficulty opening files or email, login problems, etc. These and other problems can occur when a computer's resources (memory) become depleted. Fortunately this situation is easy to fix and easy to avoid - just restart your computer. Restarting (or rebooting) a computer will refresh its memory and settings and alleviate many common PC performance issues.

You might want to get in the habit of restarting your PC from the login screen before logging on each morning. As always, if you are still having problems with your machine please give the Help Desk a call at 617-624-5877 or send them an email at "DPH-Help, Desk at 250".

Thank you.  
-Eric

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